ELECTRONIC PRESS KIT

SUPERCHARGED MEGADOSE™ OF THE HOLY SPIRIT

Baptized at 50.
Now asking where the Holy Spirit showed up.

A Catholic conversation show hosted by Matt Brooks.



Matt Brooks spent 17 years building The Marriage Group, whose Catholic marriage preparation and formation work has served more than 100,000 couples in over 100 countries. At Easter Vigil 2026, he was baptized and confirmed at age 50.

His new show turns the attention to other people: the moments they experienced the Holy Spirit at work, how they recognized them, and what happened next.

Companion resources will extend the conversations into reflection, discussion, and practical application.

THE QUESTION AT THE HEART OF EVERY INTERVIEW

“Describe your most vivid memory or impactful moment in your life when you received a supercharged megadose of the Holy Spirit.”

The website is live. The first conversations have been produced. A public release date has not been announced.

superchargedmegadose.com | Media inquiries

THE STORY

A personal story. Several ways to cover it.

The show gives editors and interviewers a specific person, a recent turning point, and a question their own audiences can consider. These are suggested editorial angles.

A founder becomes a newly baptized Catholic

For Catholic publications, diocesan media, and personal-profile podcasts. Explore how someone who built a company serving Catholic couples came to baptism and confirmation at 50, and how that experience informs the questions he now asks. The work began in 2009. The sacramental milestone came in 2026.

What does recognizing the Holy Spirit look like?

For faith, culture, and spirituality coverage. The show starts with a remembered experience and follows its effect on a person’s life. Dramatic turning points and quiet realizations both belong. A useful interview can explore how people describe those experiences and what remains uncertain.

The ministry leader you know has a story you may not

For parish and diocesan outlets, ministry newsletters, and interview shows. Matt welcomes the clergy and ministry leaders The Marriage Group has built relationships with over the years, alongside authors, public figures, and people without a public platform. Their personal experiences become the focus.

A Michigan entrepreneur brings new questions to Catholic media

For local and regional features and entrepreneurship podcasts. A founder based in Port Huron, Michigan, brings years of building companies and working with people to a new conversation show. His recent baptism adds a personal dimension to an established professional connection to Catholic life.

THE AUDIENCE PROMISE

Every conversation helps you recognize the Holy Spirit at work in someone else’s life and become more attentive to His presence in your own.

SUPPLEMENTAL LEARNING

The conversation continues

A story to reflect on. Resources to put it into practice.

As episodes are completed, companion resources will offer reflection questions, practical exercises, and discussion guides to help viewers explore what they heard and become more attentive to the Holy Spirit in their own lives.

A distinctive part of the show

The central interview question invites a guest to recall a specific experience of the Holy Spirit. The supplemental materials will help audiences consider the relevance of that conversation in their own lives, with opportunities for follow-on learning, reflection, and practical application.

For individuals and shared discussion

Viewers can return to an episode on their own or explore it with a spouse, friend, parish group, or small group. Depending on the conversation, companion materials may include personal reflection prompts, an exercise to try, a discussion guide, or relevant further reading.

An additional editorial angle

For Catholic media, parish and diocesan publications, and outlets covering faith formation: explore how a personal interview can become the starting point for continued learning and conversation. Ask Matt how the resources will connect a guest's experience with questions audiences can consider for themselves.

These resources are in development as episodes are completed. Formats will follow the substance of each conversation. No public resource release date has been announced.

THE PEOPLE

Meet Matt Brooks

Matt is a lifelong entrepreneur and the Founder & CEO of The Marriage Group, which he founded in 2009. He brings curiosity, candor, humor, and practical follow-up questions to the show.

At Easter Vigil 2026, Matt was baptized and confirmed in the Catholic Church at age 50. His wife, Carol, was also confirmed. He approaches guests as someone eager to listen and learn, with room for reflection, emotion, and laughter.

His experience gives him a connection to longtime ministry leaders and people just beginning to explore the faith. He hosts as a fellow participant in the life of faith, rather than as a doctrinal authority.



Matt and Carol at Easter Vigil, 2026.

THE BACKGROUND HE BRINGS

17 years building The Marriage Group

Personalized Pre-Cana™ and Natural Family Planning education. More than 100,000 Catholic couples served in over 100 countries.

20,000+ Marriage Every Day members

The Marriage Group’s ongoing formation community helps engaged and married people grow in faith, marriage, and community.

These figures describe The Marriage Group and Marriage Every Day. They are not audience figures for the show. Figures are supplied by The Marriage Group.

Gordon Whitney, Director

Gordon has worked alongside Matt for a decade. His directing work has earned multiple honors from the Catholic Media Association and The Telly Awards. Years of working together mean every conversation is made with care, trust and a shared sense of purpose.

Show production credit: The Marriage Group, LLC. The show has its own editorial identity.

FOR PRODUCERS & INTERVIEWERS

The show at a glance

Full title	Supercharged Megadose of the Holy Spirit
Host / director	Matt Brooks / Gordon Whitney
Premise	People from every walk of life share defining moments when they experienced the Holy Spirit at work.
Format	Video first. In-person studio conversations and remote recording through Riverside. Length follows the conversation.
Audience	Lifelong Catholics, newcomers, and people discovering the faith.
Guests	Clergy, religious, ministry leaders, authors, public figures, and people whose stories are rarely heard publicly.
Companion resources	Reflection questions, practical exercises, and discussion guides will extend learning as episodes are completed.
Current status	Website live. First conversations produced. Public release date not announced.
Website	superchargedmegadose.com

Questions to ask Matt

You founded The Marriage Group in 2009 and were baptized in 2026. How did those parts of your life come together?

Why did you decide to build a show around this particular question?

What do you hope to hear from a lifelong Catholic that might differ from your own experience?

What makes a quiet realization worth exploring alongside a dramatic turning point?

Why invite the parish and diocesan leaders you already know to share their personal stories?

What do you hope someone notices in their own life after watching?

How will the companion resources help viewers continue learning and apply what they heard?

For interview requests, written Q&As, or production arrangements, use the show's contact form.

READY-TO-USE COPY & ASSETS

For your coverage

Short show description

Matt Brooks talks with people from every walk of life about defining moments when they experienced the Holy Spirit at work, and how those experiences shape their lives today.

Publication boilerplate

Supercharged Megadose of the Holy Spirit is a Catholic conversation show hosted by Matt Brooks. Guests share defining moments when they experienced the Holy Spirit at work. Through natural conversation, Matt explores what happened, how they recognized it, and what it means today. As episodes are completed, companion resources will offer reflection questions, practical exercises, and discussion guides for continued learning and application. The show welcomes lifelong Catholics, newcomers, and people discovering the faith. Visit superchargedmegadose.com for updates.

Host introduction

Matt Brooks hosts Supercharged Megadose of the Holy Spirit. A lifelong entrepreneur, he founded The Marriage Group in 2009. He was baptized and confirmed in the Catholic Church at age 50 at Easter Vigil 2026. On the show, he invites people from every walk of life to share moments when they experienced the Holy Spirit at work.

Media images included in the download package

Four full logos and four S icons, supplied as transparent PNGs in full color, grayscale, alternate grayscale, and white. Matt Brooks portrait. Matt and Gordon production photo. Studio photograph with Dr. Marcus Peter. Matt and Carol at Easter Vigil 2026. Captions and image dimensions accompany the files.

Photo credit: Courtesy of Supercharged Megadose of the Holy Spirit. Images are supplied for editorial coverage of the show and its host. Preserve logo proportions and the meaning of pictured moments. Original website files are included; larger originals can be requested through the contact form.

Media contact

superchargedmegadose.com/contact
For interviews with Matt, coverage inquiries, images, and preview requests.

Story submissions: superchargedmegadose.com/share-your-story
Show updates: superchargedmegadose.com/subscribe

Brand assets updated October 19, 2026. Show information and supplied figures as of October 17, 2026.